



See well and
stay healthy.



VSP Diabetic Eyecare Plus ProgramSM

If you have type 1 or type 2 diabetes, you can get both your routine eyecare and follow-up diabetic eyecare services from your VSP® Vision Care doctor—the one who knows your eyes best.

People with diabetes often aren't aware they have diabetic eye disease. That's because in the early stages of the disease, few symptoms may appear until after damage has already occurred. An annual eye exam from a VSP doctor can help prevent most diabetes-related blindness.

VSP doctors take the time to get to know you and your eyes. They can detect changes in your eye health from year to year. Your VSP doctor can consult and coordinate with your primary care physician to ensure you're getting the best care—keeping you and your eyes healthy.

It's easy to use.

You never need a referral and you pay only a copay for the diabetes-related eyecare services.

- **Find the right VSP doctor for you.** You'll find plenty to choose from at vsp.com or by calling **800.877.7195**.
- **Already have a VSP doctor?** At your appointment, tell them you have VSP.

That's it! Your VSP doctor will handle the rest.

The VSP Diabetic Eyecare Plus Program coverage is only available through a VSP doctor. This coverage is for diabetes-related eyecare services and doesn't cover routine eye exams. Contact your VSP doctor for an appointment to use your routine eyecare benefits.

Visit vsp.com to learn how diabetes affects your eyes and find out how to keep them healthy.

Contact us. vsp.com | 800.877.7195